

## LIVING WITH BLINDNESS:

### Cheri Abare

At the tender age of 14, Cheri was diagnosed with diabetes. Instead of the traditional activities associated with a spirited teenager, she was busy with insulin injections, diabetes workshops at the Joslin Diabetes Center in Boston and several hospitalizations.

Unfortunately for Cheri, life was to become more difficult. As she looks back, she admits that she didn't take her diabetes that seriously. "I was my own worst enemy." Her health rapidly started to decline. Her eyesight all

but disappeared. A 4-1/2 year stay in a nursing home marks her twenties. At the age of 29 and several surgeries later, Cheri was determined to live her life and regain her independence.

Obstacles were plenty: health, housing, finances, and extreme low vision. Perseverance and the support of her mother led her to the New Hampshire Association for the Blind. "If I hadn't met Jewett (*Orientation & Mobility and Rehabilitation Instructor*), I probably wouldn't have gotten out of the nursing home." Under the guidance of the Association's trained staff, Cheri learned to monitor her blood sugar with a talking glucose meter, measure her insulin without guessing, walk with the aid of a white cane, and navigate the surroundings. Cheri



Cheri Abare

moved into her own apartment and she joined the Monadnock Chapter of the National Federation of the Blind. Now serving as its President, she finds herself busy lining up speakers, organizing meetings and advocating for the visually impaired.

With a warm smile and an infectious giggle, Cheri embraces life and looks forward to the future. Her diabetes is under control but she never knows what to expect with her vision. Every morning she greets the day looking through a thick fog. Slowly the cloud lifts and shades of gray blossom to fields of color. While she is able to read with the aide of a magnifier, she can only see shadows of figures in the distance. Cheri has learned to adapt and has come to realize that for her, nothing is really different between her and a sighted person that a

*Living with Blindness — Cont. on 2*

#### Inside this Issue:

- Seacoast Update
- NH Guide Dog Users
- What is O&M?
- Volunteers in the Recording Studio

On a beautiful Indian Summer day, the Association received a significant gift from the late Frank and Elizabeth Touhy, long-time donors. This generous donation from the Frank P. Touhy Trust was hand-delivered by the Touhy's daughter, Sheila Congdon, and will provide substantial support for our essential vision rehabilitation services. We are honored by this special legacy which will enable us to change even more lives in a powerful way, creating opportunities for living fully and independently, and express our deepest gratitude to the Touhy-Congdon Family.



Graduates from the first “Diabetic Cooking Class” series pose in the training kitchen at the McGreal Sight Center with kitchen gadgets and aprons generously donated from Things Are Cooking. For more information on class offerings, please contact Sarah Dorsch, Rehabilitation Teacher, at 1-800-464-3075.

Current newsletters and Annual Reports are available in Braille, on disk, and on audiocassette. If you prefer to receive future editions of our publications in one of these alternate formats, please call the Association at **1-800-464-3075**.



This Newsletter is published by the **New Hampshire Association for the Blind**, 25 Walker Street, Concord, NH 03301. For more information call **1-800-464-3075**. Visit our website at **www.sightcenter.com**.  
**Editors for this issue...**  
**Karen Jantzen and Nancy Burgess; Contributors...**  
**Kathy Carroll, Lynne Saltonstall, Jane Roy, Susan Stearns, Claudia Libis and Guy Woddlund.**

*Living With Blindness — Continued from 1*

little modification and education can't fix. "It's possible to do almost anything...except drive a car. But, that may be coming!"

While her health is still fragile her spirit is strong; her attitude tenacious. She is looking forward to receiving a CCTV and hopes for a computer. The Association has already helped her access correspondence classes through the Hadley School for the Blind. She studied Braille, learned the

abacus, and completed courses in Business Law and Psychology. Cheri is excited to start classes this fall in the Human Services field. Her goal is to receive her certificate and get to work! Ultimately Cheri hopes to combine her personal experience with her education, and aid others with disabilities to enjoy life to the fullest and realize their own unique potential. ♿

## Educational Services Program

The Association is pleased to announce the addition of an Educational Services Program to its core services. This initiative is made possible by the award of a significant three-year grant from the Gibney Family Foundation. This funding supports the position of a Teacher for the Visually Impaired. The program has already expanded since it's launching in August with the hiring of an Orientation and Mobility Instructor specializing in student services. We look forward to partnering with school districts throughout the Granite State to meet the needs of students with serious vision loss. Questions regarding our Educational Services should be directed to Guy Woodland, VP for Rehabilitation, 1-800-464-3075. ♿

# Core Service Spotlight:

## What is O&M?

“O” is for orientation, or rather the ability to know where you are and where you want to go. “M” is for mobility, or rather the skills to get you from where you are to where you want to be. Today’s world depends heavily on visual cues to make orientation and mobility happen successfully for the fully sighted. Without little or no vision it becomes very challenging to know what is in the surrounding environment and how to travel safely, efficiently, and independently in public.

To assist in breaking down these barriers between the visually impaired and the world at large, the Orientation and Mobility Specialist bases the instruction upon the individual’s capabilities and goals. Provided at home and within the client’s community, instruction includes developing a concept of one’s surroundings, developing skills for balance and movement as well as developing a heightened awareness through the use of other senses such as sound and smell. With the confidence these skills bring, the client is prepared for walking with a guide and walking with a cane.

One of the greatest gifts the O&M Specialist brings is to enable the client in traveling safely outside the home. At first this is within the individual’s own community by planning routes of travel around a home neighborhood; negotiating the grocery store; traveling safely at the mall. Over time the barriers are removed and the individual learns techniques to use public transportation and to navigate unfamiliar environments.

Orientation and Mobility is generally the same for adults and children. The difference is that in children, quite often the loss of vision has happened at birth, or very soon thereafter. They have no idea what they are missing, except they know that others do things they cannot. O&M training begins with their concept of body in space and develops along with their natural growth and environments maturation, throughout their school years; meeting needs as they go along. The Association is pleased to now offer this service as a component of its new Educational

Services Program to school districts throughout the State.

Mastered Orientation and Mobility skills are marked by positive attitudes about oneself, improved recreational and social involvement, and gainful employment; fear and frustration are replaced by self-confidence and anticipation of adventure. In a word — *independence.* 🐾



The Dog Guide Users of New Hampshire are a group of people that have or are interested in Dog Guides. A social group with a real purpose, Dog Guide Users gives support to each other as Dog Guide users and helps each other with Dog Guide issues, as well as educating the public about our dogs. Anyone who might be interested in getting a Dog Guide is welcome to attend our meetings and learn about what is involved. A number of Dog Guide Schools are represented among our members. In addition, a library of information about the different Dog Guide Schools is available.

Our lunch meetings are held at the Red Blazer Restaurant in Concord Dutch treat. The group meets quarterly, the second Saturday in January, April, July, and October from 1:00 pm to 3:30 pm. Occasionally speakers are brought in to address different aspects of our dogs. There is always time for discussion on various subjects or concerns of attendees. Puppy Raisers often join the meetings and are always welcome.

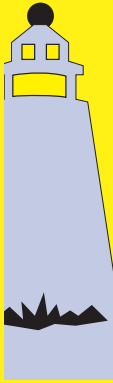
For more information contact:

**Carol Holmes** at 603-434-6042,

email: [cholmes33@Comcast.net](mailto:cholmes33@Comcast.net), or

**Phyllis Fitzpatrick** at 603-868-2123,

email: [torwood@earthlink.net](mailto:torwood@earthlink.net). 🐾



# Seacoast Services Update

Beginning in October, Parrott Avenue Place is offering a series of educational workshops for seniors, their caregivers and others who serve them. As a partnering agency, the Association is pleased to be included.

Through a generous grant from Harvard Pilgrim Health Care Foundation, the Association will present two workshops, "Managing Diabetes with Vision Loss" in Concord at the McGreal Sight Center, and again in Portsmouth. Topics to be covered include nutrition, skills training, and demonstration of diabetic devices — all geared to assist the blind or visually impaired diabetic with effectively managing their diabetes and minimizing, if not preventing, further serious vision loss. The Association is also the recipient of a recent Community Impact Grant from the United Way of the Greater Seacoast. This important funding will provide technical aids and devices for our low-income Seacoast area clients.

We celebrated the first anniversary of our Rochester Low-Vision Clinics in September thanks to generous funding from the Frisbie Foundation. Dr. Ken Clark (*pictured*) and Denise Caruso, Low Vision Therapist/Rehabilitation Teacher Assistant, hold these monthly clinics at Rochester Eye Care Associates.

For more information on these offerings and other seacoast programs, please call our Portsmouth Office at (603) 431-9401.



## WELCOME!

The Association is pleased to welcome **Andre Laliberte**, Social Work intern from the University of New Hampshire. Andre will be providing intake and counseling services during his time here at the Association. **Jessica Hayes**, receptionist, is the new friendly voice directing calls. **Claudia Libis**, Teacher of the Visually Impaired (*pictured above with Guy Woodland, VP for Rehabilitation*), and **Kathy Cooper**, Orientation & Mobility Instructor, joined the Association's new Educational Services Program. We look forward to the valuable contributions our newest staff members will make to our work.



Carl Augusto, the President of the American Foundation for the Blind, visited the Association to experience the training facilities for the new Daily Living Skills programs now offered at the McGreal Sight Center. Classes range from personal grooming to computers to sewing.

# Volunteer Spirit



Lynne Saltonstall, Volunteer Administrator, shows Congressman Jeb Bradley around the recording studio during his visit to the McGreal Sight Center in August.


Today, there are eleven recording studio volunteers. The Association wishes to express our deep appreciation to these volunteers — Irene Ackley, Dan Comly, Dan Donahue, Alix Guerin, Bob Jursik, Kristina Mai, Don Nelson, Stu Richter, Kevin Smith, Michael Vallee, and Andrew Walsh. Most of them came to us with a desire to read for the blind and visually impaired, and as an added benefit found they became studio technicians as well! These dedicated volunteers pioneered this very young and worthwhile endeavor.

The Association's Technology and Braille program opened the recording studio at the McGreal Sight Center during the summer of 2002. Here a growing cadre of volunteers adhere to the Association's mission "to advance the independence of persons who are blind and visually impaired," by recording a variety of materials such as diabetic handbooks, cookbooks, wills, newsletters, annual reports, and special requests from consumers.

In 1998, Three Links Visual Recourse, Inc., formally known as I.O.O.F. Eye Bank (International Order of the Odd Fellows and Rebekahs) partnered with the New Hampshire Association for the Blind to create a state-of-the-art-recording studio. Initial funds were used to purchase a tape recorder and duplicating machine that enabled copies of tapes to be made quickly and efficiently. During this start-up time, Stuart Richter, an NHAB volunteer, donated many hours and provided the expertise in the design

of the digital studio we have today. In the spring of 2002, the logo of the I.O.O.F. was hung at the entrance during the Grand Opening ceremonies for the new and improved recording studio.

In the fall of 2002, two volunteers were instrumental in providing more in-depth training to fellow volunteers and staff. Andrew Walsh had considerable expertise with Cool Edit Pro, the digital audio editing program installed in the Studio computer. Don Nelson who had been a volunteer for both a Radio Reading Service and the Talking Book Program for the Library of Congress, brought extensive experience in narrating and voiceovers for radio, TV, and film.

Because of our dedicated volunteers and the long-standing support of Three Links Visual Resource, Inc., the Association is able to better meet the needs of individuals who are blind and visually impaired in this powerful and meaningful way. If you would like to become a volunteer with the New Hampshire Association for the Blind in the Recording Studio, or to learn about other volunteer opportunities, please call Lynne Saltonstall at 1-800-464-3075 or (603)224-4039. 

Helen Perkins, a client at the Association for the Blind is a lucky woman! Her daughter, Elaine Plummer is a resourceful woman. Elaine's son-in-law, Clifton Burdette is a handy fellow. Put the two together and you have a winning combination. Elaine knew that her mother needed a device to



help her adapt to vision loss and she knew that Clifton had made a lovely reading table. When Jewett O'Connor, the Association's Rehabilitation, Orientation & Mobility Instructor, visited Helen he remarked at how helpful the wooden table, made by Clifton, would be in adapting Helen's home to help her to fully enjoy life. That was all Clifton needed to hear. He devotes much of his life giving to others and he snatched up another opportunity. In late July, Clifton and his mother-in-law, Elaine delivered six beautifully handcrafted tables to Guy Woodland, Vice President for Rehabilitation. "You get as much as you give" is Clifton's mantra and we are honored to be the recipients of his generous spirit.

# Memorial and Tribute Gifts

These thoughtful gifts in memory of a loved one also honor special occasions or individuals. They represent another important way to support the mission of the Association and essential vision rehabilitation services. Tributes to the following individuals were received from May 1, 2002 to August 31, 2003, and we extend warmest thanks to all the donors.

Due to the length of the donor list, we are unable to print the names of the contributors.

## In Memory of...

Bernadette Adams  
Ms. Yvette Bergeron  
Ms. Clara Giovamangeli  
Mrs. Viola M. Miner  
Paul Ahlschlager  
Mr. Dian T. Mack  
Dennis A. Allen  
Mr. & Mrs. Arthur W. Lambert  
Ronald E. Anderson  
Mrs. Joan C. Anderson  
Ruth Argo  
Mr. & Mrs. Melvin C. Argo  
Mary Arigo  
Mr. Albert W. Cataldo, Jr.  
Rose M. Armstrong  
Mr. & Mrs. Joseph V. Dumas  
Margaret E. Bacon  
Mr. Robert H. Bacon  
Vernon Barry  
Ms. Bernice Berman  
Onsville Beal  
Ms. Dorothy Chase  
Mr. & Mrs. Arthur E. Bean  
Mr. & Mrs. Erville H. Smith  
George H. Bergeron  
Mrs. Jean Bergeron  
Hester Beyer  
Mr. & Mrs. Steven Beyer  
Ada Blanchette  
Mr. Ernest Blanchette  
Robert Bolduc  
Mrs. Theodora Bergeron  
Lionel & Maureen Bolduc  
Ms. Ethelyn C. Daley  
Mr. & Mrs. E. E. Hawkins  
Ms. Joanne Toussaint  
Ms. Norma D. Toussaint  
Patti Breining  
Mr. Blain P. Breining  
Roland H. Breton  
Mrs. Agnes G. Breton  
Frances M. Brymer  
Mr. Charles E. Brymer  
Lois Burcaw  
Mr. Robert Burcaw  
Michael Buzzell  
Mrs. Priscilla Buzzell  
Lola Carl  
Mr. Clarence E. Carl  
Gertrude Caron  
Ms. Laurette Binette  
Helen B. Christiansen  
Mr. & Mrs. Irving T. McDowell  
Ellis Clough  
Mrs. Alice Y. Clough  
Evelyn Corea  
Mrs. Marie F. Abbene  
Cerasou Costas  
Mrs. Demetra Wollen  
Eleanor C. Creech  
Ms. Sandra M. Axton  
Ms. Elizabeth R.  
Buonaugurio  
Ms. Jean M. Burg  
Ms. Yvonne L. Johnson  
Ms. Regina Khirallah  
The Lowell Sun  
Mrs. Paul Phelan  
Deborah and William Sandall  
Mr. Dominick Sportelli  
Mary Carrie  
Mr. & Mrs. Francis X. Fraitzl

James Dalphonse  
Mr. Emmett Norton  
Harry L. Davis  
Mr. Franklyn H. Davis  
Flora B. Davis  
Mr. Harry F. Ennis  
Philmena DeGregoria  
Dr. & Mrs. Paul DeGregorio  
Hugo Derocchi  
Mrs. Hugo Derocchi  
Irene B. DesRochers  
Mrs. Alice D. O'Traynor  
Gloria Desrosiers  
Mr. Albert Desrosiers  
Albert Dionne  
Mrs. Madeleine D. Kalik  
Lillian Duhamel  
Mr. Robert Duhamel  
Lena M. Durant  
Ms. Simeon Brown  
Father  
Mr. Millard S. Thomson  
Gordon E. Faulkingham  
Mrs. Hazel B. Faulkingham  
Mr. & Mrs. Frank Fitzgerald  
Mr. Everett Fitzgerald  
Marion Forsberg  
Mr. & Mrs. Albert Frappier  
Harris L. Fowler  
Mrs. Aldea O. Fowler  
Charles Anthony Frankenthal  
Mr. & Mrs. Richard Wansker  
Roland Gagnon  
Mrs. Berthe Gagnon  
Rose E. Gallant  
Mr. Henry A. Gallant  
Elizabeth Gendron  
Mrs. Viola M. Mitchell  
Dean Geretti  
Mrs. Lurleen C. Geretti  
Annie B. Godfrey  
Mr. & Mrs. Roger C. Jenks  
William L. Goodale  
Mr. & Mrs. R.F. Sargent  
Bura Gove  
Mr. Walter Bundy  
Mildred Gray  
Mr. Russell O. Gray  
Mrs. Matthew Green  
Ms. Dorothy M. Thomas  
James Hayes, Jr.  
Mrs. Marie H. Schofield  
Colin Heath  
Mrs. Norma H. Glines and Family  
Napoleon Hebert  
Ms. Therese Clement  
Louise Helie  
Mr. George Helie  
Josephine O. Hickey  
Ms. Theresa Hickey  
Viola A. Hill  
Mrs. Joan F. Tilton  
Annabel Hooper  
Mrs. Carol A. Bradford  
Annabel Hooper  
Mr. & Mrs. Einar G. Carlson  
Mr. & Mrs. Daniel J. Terrell  
Mr. & Mrs. Earl Terrell  
Robert Home  
Mrs. Marie H. Schofield  
Joan Howe  
Mr. Arthur R. Howe  
Albert Hoyt  
Mrs. Pansy Pebbles

Husband  
Mrs. Therese R. Belanger  
Betty Hussey  
Mr. & Mrs. Orfield Bartz  
Harvey Jeffrey  
Mrs. Lorraine M. Jeffrey  
Joan Johnson  
Mr. Warren E. Johnson  
Dorothy Knowlton  
Mrs. Myrtle Stevens  
Roger Landry  
Mrs. Jackie Landry  
Frank Langley  
Ken and Nola Aldrich  
Mr. Dante F. Bertagna  
Mrs. Harold W. Buker, Jr.  
Mrs. Marjorie I. Emerson  
Mr. & Mrs. Eugene J. Fiset  
Ms. Florence V. Gove  
Mr. & Mrs. Tyler D. Grace, Jr.  
The Oliver Wilcox Family  
Georgiana Lavertu  
Mr. Wilfred A. Lavertu  
John Lawlor  
Mrs. Agnes M. Lawlor  
Henry Lemieux  
Mrs. Jeannette Lemieux  
Ann Lerbinos  
Ms. Pauline Juris  
Irene Levesque  
Ms. Elizabeth Wallisch  
Loved Ones  
Roland S. Robinson  
Mary H. Luce  
Mrs. Mary B. Platt  
Donald J. MacDonald  
Mrs. Elsie MacDonald  
Glen MacIver  
Mr. Wilbur W. Willey  
Charles Mantegani  
Mrs. Alice H. Mantegani  
Grace M. Marvin  
Mr. & Mrs. William Marvin  
Henry W. McCusker, Jr.  
Mrs. Marjorie A. Twohig  
Mrs. Janet Wansker  
Elizabeth Yates McGreal  
Mrs. Judith W. Merrow  
Mrs. John David Peterson  
Mr. Arthur G. Yates  
Avelino Medina  
Ms. Mary S. Boucher  
Dale Miller  
Mr. & Mrs. David Miller  
Frank M. Mills, Jr.  
Mrs. Sybil D. Mills  
Mother  
Mr. & Mrs. William C. Mallard, Jr.  
Leo Murtagh  
Mrs. Eugenie Murtagh  
Jim Neville  
Mrs. Marguerite L. Damory  
Cecile Normand  
Mr. & Mrs. Robert E. Gelinax  
Robert J. Normand  
Mrs. Cecile G. Normand  
Mark O'Brien  
Hartford Hospital co-workers  
Warren Olson  
Ms. Doris Thompson  
Parents  
Mr. Louis Pappas  
Parents  
Mr. Jerome Figueroa

Dennis Parkhurst  
Mrs. Shirley I. Parkhurst  
Mary Paskind  
Mrs. Sheila Styles  
Pete Pedersen  
Mrs. Charlotte Munroe  
Rita Pelchat  
Mr. Francis J. Pelchat  
Walter Pelletier  
Mr. & Mrs. Everett R. Hurlbut, Jr.  
Deno Perlow  
Mr. Barry Perlow  
Mert Pike  
Mrs. Ruth Pryor  
Alfred Pinette  
Mrs. Armande J. Pinette  
Susan Plowde  
Mr. & Mrs. Alfred E. Plourde  
Raymond G. Provost  
Mrs. Raymond G. Provost  
Ethel Putnam  
Mr. Morris O. Putnam, Sr.  
Carlyle Randall  
Mr. & Mrs. Dennis Kepner  
Lawrence Reagan  
Mrs. Delma H. Reagan  
Arthur J. Robidoux  
Daniel and Joanne Bird  
Mr. Thomas H. Cullen  
Sam & Carol Lupo  
Mr. David Robidoux  
Roger and Claire R. Sands  
Ms. Judith Zarembo  
Earl B. Robinson  
Mr. & Mrs. Donald W. Bylander, Jr.  
The First Congregational Church  
Ms. Ilse M. Gonzales  
Mr. & Mrs. Robert Henderson  
Ms. Ruth L. Henning  
Dr. & Mrs. Robert N. Lord  
Ms. Juanita McKain  
Mr. John Mlocek  
Mr. Carl B. Noyes  
Susan Stamato  
Glen & Frances Stevens  
Charles and Bunny Wade  
Ms. Barbara W. Woodworth  
Allan and Norma Zechini  
Harriet E. Rose  
Mrs. Estelle P. Hunt  
Karen Salo  
Mrs. Kiki Salo  
Hannah Schmitt  
Ms. Nora Lee Broches  
Mr. & Mrs. Herb Cooper  
Mr. & Mrs. Robert D. Emerson  
Ms. Virginia L. Fairall  
Mrs. Marilyn E. Groeger  
Ms. Eileen Hagan  
Ms. Elizabeth A. McCarthy  
Mrs. Pearl Ray  
Ms. Mary Jane Schulz  
Mr. & Mrs. John Smizaski  
Vera Scott  
Mr. & Mrs. Robert Donahue  
Marcia Setzer  
Mr. & Mrs. Howard Stiles  
James Shaughnessy  
Mrs. Elberta E. Corsale  
Peter Simoneau  
Mr. & Mrs. Fred Young

Charles E. Smith  
Mrs. Helen C. Smith  
Marjorie N. Staley  
Dr. & Mrs. Paul Amazeen  
Gladys & Frank Butterworth, Jr.  
Ruth T. Stevenson  
Mrs. Alice Z. Calvert  
Loella P. Stiles  
Mrs. Elizabeth P. Merrill  
Mary R. Strachan  
Ed and Myra Woodward  
Henry Taillon  
Mrs. Rita Taillon  
Jacob Tarr  
Mr. & Mrs. Arnold Tarr  
Helen Taylor  
Mr. Louis Taylor  
Alice Tenney  
Mr. E. David Tenney  
Bertha Therrien  
Mr. Lucien Therrien  
Frances Thibodeau  
Roger and Sheila Chicoine  
Francis M. Thibodeau  
Mr. & Mrs. Ronald Simard  
Mr. & Mrs. Thomas Thompson, Sr.  
Mr. & Mrs. Thomas Thompson  
Stewart D. Thompson  
Mr. William G. Thompson  
Winifred Thompson  
Mr. Donald Stoops  
Robert Tilton  
Ms. Mary S. Boucher  
Mario Tosi  
Ms. Elvira Maldini  
Mrs. Jane Pirini  
Martin & Lucille Tucker  
Mr. Richard P. Tucker  
Ruth Valentine  
Mr. Eric W. Valentine  
Doris Vallee  
Mr. Gedeon Vallee  
War Veterans  
Mr. Theodore P. Aust  
Lena Walent  
Mr. & Mrs. Joseph Walent  
Anne & Joseph Weber  
Ms. Elizabeth A. Weber  
Kenneth Webster  
Ms. Mary S. Boucher  
Jonathan S. West  
Ms. Helen A. Drazyk  
Ruth E. Whalen  
Mr. Henry L. Whalen  
Kenneth E. White  
Mrs. Madeline C. White  
Jennie Whitehead  
Mr. Earl Whitehead, Jr.  
Charlotte Whittemore  
Mr. William S. Whittemore  
Jeffrey S. Woodman  
Mr. Stephen G. Woodman  
Howard Wooley  
Mrs. Frances E. Wooley  
Ralph Worsley, Jr.  
Mr. Vincent M. Worsley  
Stella A. Wymann  
Mrs. Arlene W. K. Smith  
Helen E. Zajan  
Mr. Richard B. Bellom  
Ann Zerbinos  
Mr. & Mrs. Dale Cooney

Ms. Frosina Kolocotionis  
Mr. & Mrs. James Linatsas  
Bertha and Anthony Zotto  
Mr. A. Michael Zotto

## In Honor of...

Cheri Abare  
Mrs. Dorothea M. Hodgkins  
Janet Akins  
Mr. Charles Myette  
Velma Allen  
Mr. & Mrs. Glenn M. Allen  
Rose Barbosa  
Mrs. Christine Sears  
Taylor Burns  
Mr. & Mrs. Robert Murphy  
Mr. & Mrs. Robert A. Hicks  
Lauet Binnette  
Mrs. Laurette Binette  
Bernice Carlson  
Mrs. Beverly Patten  
Joseph and Kathy Carroll  
Mr. & Mrs. Jay M. Zax  
Mr. & Mrs. Robert Chadbourne  
Jack & Clara Clark  
Pam Gilpatrick  
Nancy Knigten  
Mrs. Vencent Cianci  
Mr. Thomas A. Tribuna  
Ethel Cushing  
Mr. David L. Anthony  
Eileen Duffy  
Catherine & Tony Judycki  
Phyllis Eluto  
Mrs. Charlotte S. Krentzel  
Marguerite Giberson  
Mrs. Pearl D. Anzaldi  
Russell Hubbard  
Mr. & Mrs. Leonard Timmons  
Laura Kula  
Mrs. Georgette P. Larcohele  
Eleanor Mardis  
Dr. Suzanne Horner  
Marilyn  
Ms. Martha L. Taylor  
Rita McDonald  
Mr. Joseph McDonald, Jr.  
Edith Melnick  
Ms. Esther Richmond  
Mother  
Mr. Vincent M. Worsley  
New Hampshire Association for the Blind  
Kerry Anna Pinheiro  
Mr. Arthur J. Robidoux  
Elinor Rogers  
Jay and Martie Gooze  
Robert and Patricia Sisk  
Bill & Jane Roy  
Sister  
Ms. Rolande Labonville  
Margaret Tebbetts  
Mrs. Martha N. Dodge  
Roy H. Upham  
Mr. & Mrs. David F. Foster  
Chester Winters  
Ms. Elizabeth M. Hand  
Beryl Wright  
Mrs. Myrtle B. Rogers

# Gifts & Grants

Our corporate, service club and foundation partners play a critical role in helping our clients regain and maintain their independence. Some of these collaborators contribute important annual support for our direct core services. Others provide special project funding for program development or service enhancement initiatives.

All partners are committed to helping New Hampshire residents who are blind and visually impaired be active participants in their communities. On behalf of our clients, the Association's Board of Directors, staff and volunteers, thank you!

Since May 1, 2002 through September 2003, the Association has received the following grants and contributions:

## For General Service Provision

American Legion Auxiliary #23  
Mary Carroll Abell Trust  
David T. Adams Irrevocable Trust  
Winifred Blair Trust  
Matilda Bykowski Trust  
Club Marquis de Lafayette  
Benjamin Cohen Trust  
Compucare, Inc.  
Continental Paving, Inc  
Eleanor A. Ferguson Trust  
The Greenspan Foundation  
John Holm Insurance  
Lions Club of Concord  
Lions Club of Exeter  
Lions Club of Littleton  
Mary McAuliffe Trust  
Elizabeth Yates McGreal Fund  
Edna McLeod Trust  
Abbie F. Moseley Trust (*Citizens Bank, Trustee*)  
Florence B. Mudgett Trust  
New Hampshire Order of the Rainbow  
NH Order of the Rainbow  
NHAB Fund (*Jack Sawyer*)  
Mildred W. & Charles P. Page Fund  
Rebekah Assembly of New Hampshire  
Rotary Club of Wolfeboro

Sam's Club Foundation  
Robert H. & Gertrude E. Sedgley Fund  
Marion E. Stubbs Trust  
The Tallman Fund  
United Way of Merrimack County  
NH/SoME Combined Federal Campaign

## For the Transportation Program

The McIninch Foundation (*challenge grant*)

## For Technology & Low Vision Aids/Devices

Autodesk, Inc.  
BAE Employee Community Fund  
(*Greater Nashua clients*)  
Bow Mills Bank & Trust

Lions Sight & Hearing Foundation of  
New Hampshire  
New England ADA & Accessible IT  
Center  
New Hampshire Optometric Association  
Town & Country Reprographics

## For our Assistive Technology Loaner Program

Endowment for Health

## For our Seacoast Services Program


Community Impact Grant-United Way  
of the Greater Seacoast  
Frisbie Foundation (Rochester Low  
Vision Clinic)  
Anonymous

---

## Gift of a Lifetime: Eleanor Ferguson Bequest

This past August the Association received a significant bequest from the Eleanor A. Ferguson Trust. The Board, clients, staff and volunteers are truly grateful for this wonderful legacy that will be added to our permanent endowment. Her gift will help to ensure the availability of our high quality vision rehabilitation services for many years to come.

For many years Eleanor A. Ferguson resided in Fitzwilliam, NH and later in life moved to the Rivermead Retirement Home in Peterborough. She was a close friend of Elizabeth Yates McGreal, and served as a member of the Association's Board during the 1970's and 1980's. With a Masters degree in Library Science, she held several positions in the field, including consultant to the New York State Library for library service in state institutions, and the Batavia School for the Blind. At one point in her career, Ms. Ferguson was Executive Secretary of the American Library Association, with staff responsibility for the Round Table on Library Service to the Blind. The needs of the blind, and care for prisoners in jails and penitentiaries remained endearing interests throughout her retirement. Her life was also enriched by her needlepoint work and penchant for classical music.

The NH Association for the Blind is honored to have been a recipient of Eleanor Ferguson's substantial generosity and her philanthropic vision. Her bequest enhances the Association's ability to assist clients to live fully, independently and with dignity. For more information regarding bequests and other planned giving opportunities, please contact Kathleen Carroll, VP for Development, at 1-800-464-3075. All inquiries are confidential, without obligation. 



## New Hampshire Association for the Blind

### McGreal Sight Center


25 Walker Street  
Concord, NH 03301-4599  
1-800-464-3075 (Toll Free in NH)  
(603) 224-4039 ■ Fax (603) 224-4378  
Seacoast Office (603) 431-9401  
[www.sightcenter.com](http://www.sightcenter.com)

Non-Profit Org.  
US Postage  
PAID  
Permit No. 325  
Concord, NH

ADDRESS SERVICE REQUESTED

## The ATM talks!

Throughout the country banking is becoming easier for the visually impaired. In New England, Fleet and Banknorth are leading the field for “money on the go” by offering Talking ATMs at many of their service locations.

For privacy, Talking ATMs are equipped with universal audio jacks for customers to plug in earphones. For ATMs that do not offer voice guidance, the ATMs have instructional guides in Braille. The number of Talking ATMs in the Granite State is growing to meet the demand. For more information on the FLEET locations nearest you, contact their Customer Service Center at 1-800-841-4000. By 2005 all Bank of New Hampshire locations will be outfitted. In the meantime, please check with your local branch. 

**We are compiling a list of email addresses to send timely information, and possibly future newsletters. If you wish to be included in this directory, please contact Karen Jantzen at [kjantzen@sightcenter.com](mailto:kjantzen@sightcenter.com).**

## In the Spirit of the Season

For more than 90 years the New Hampshire Association for the Blind has provided direct rehabilitation services statewide, enabling those who have experienced severe vision loss to live independently and with dignity — at home, in the workplace, and in the community.

There’s no better way to celebrate this Holiday Season than by donating to the Association’s Services Fund. Please consider making a gift — celebrating life and hope — as part of your personal and business year-end giving

You may wish to consider a gift of appreciated securities or to create an annuity that offers advantageous tax benefits and an annual lifetime income at an attractive interest rate. Call Kathleen Carroll, VP for Development, for more details. 