



**UPCOMING  
EVENTS**

**September 20**  
**Volunteer Recognition  
Reception**  
McGreal Sight Center

**October 5**  
**Seacoast Elder Expo**  
3:00–7:00 p.m.  
Middle School, 155 Parrott  
Avenue, Portsmouth

**October 15**  
**White Cane Day**  
**Open House 2–4 p.m.**  
McGreal Sight Center,  
25 Walker Street, Concord

**October 27**  
**Spooky Silent  
Auction**  
Grappone  
Conference  
Center, Concord  
Doors open 8:30 a.m. See  
insert for more information.



**November 8**  
**Annual Meeting**  
McGreal Sight Center

**November 23**  
**An Evening with José  
Feliciano**  
Palace Theatre, Manchester  
Concert begins 8:00 p.m.  
Order tickets at  
[www.palacetheatre.org](http://www.palacetheatre.org) or  
call box office at 668-5588.  
Call Shelley Proulx for infor-  
mation about Special VIP  
Pre-concert reception.

**José Feliciano Benefit  
Concert To Be Held at the  
Palace Theatre**



**T**he legendary José Feliciano will be performing “live” at the Palace Theatre in Manchester on **Friday, November 23rd at 8:00 p.m.** Proceeds from the concert will support the vision rehabilitation programs and services of the New Hampshire Association for the Blind. Tickets can be purchased online at [www.palacetheatre.org](http://www.palacetheatre.org) or by calling the box office at 668-5588. A special pre-concert VIP reception hosted by the Association’s Board of Directors will start at 6:30. Please contact Shelley Proulx or Mary Chase at 224-4039 for more information about the VIP reception.

**About José**

José Feliciano has been acclaimed by critics throughout the world as “*The greatest living guitarist.*” *Guitar Player Magazine* awarded him “*Best Pop Guitarist,*” placing him in their “*Gallery of the Greats.*”

He’s been awarded over forty-five Gold and Platinum records; has won sixteen Grammy nominations, earning him six Grammy Awards and is in receipt of countless prestigious awards the world over.

José was born blind, to humble beginnings on September 10, 1945, in Lares, Puerto Rico. One of eleven boys, his love affair with music began at the age of three when he first accompanied his uncle on a tin cracker can. When he was five, his family immigrated to New York City, young José learned to play the concertina at age six, using a handful of records as his teacher. At eight, he performed for his classmates at PS 57, and at nine, performed at The Puerto Rican Theater in the Bronx. Venturing beyond the accordion, he taught himself to play the guitar with undaunted determination and again, with nothing but records as his

**Concert. Continued on page 5**

# VOLUNTEER PROFILE

## “One Of”

**J**ohn Woods has been a volunteer at the New Hampshire Association for the Blind since February 2006. After working as a CEO in the for-profit world, John decided that he wanted to spend some time giving back and trying to make a difference in people’s lives.

Previously, John worked as a volunteer at the Veteran’s Home in Tilton. He took his own dog, a German Shephard, named Buddy (who interestingly enough has visual impairments) up to the Home to meet and greet the veterans of New Hampshire. While he enjoyed that experience immensely, he was looking for a way to establish a longer volunteer 1 to 1 relationship.

John had always been fascinated by a blind person’s ability to get around and be independent. Coincidentally he met a volunteer named Alix Guerin who volunteers in the Association’s Recording Studio. She encouraged John to look into the New Hampshire Association for the Blind, which he did. John first met with Lynne Saltonstall, Volunteer Administrator and then decided to become an official “NHAB” Volunteer.

John’s first “assignment” was to transport a client and her dog guide to Manchester for a



**John Woods and Greta**

job interview. Given John’s love of dogs, he immediately said “Yes!” Thus began a long lasting relationship: volunteer-client-dog guide. John even went a step further. He applied for and was accepted as an official “puppy-walker” for the Guide Dog Foundation of Smithtown, NY. John believes that being a dog guide is the “highest calling” for a dog and while the training takes unlimited patience, the rewards are great! Greta, his puppy-in-training, is a constant companion and provides John with yet another opportunity to “give back.”

Currently, John works with a client in southern New Hampshire. His name is Vicente Paratore and he is an artist who is blind. Each time the two meet, they determine a goal and create a plan for the day! One day it might be ordering business cards for Vicente’s art business, giving his dog “Cabrina” a bath, buying art supplies, going to the drug store, completing necessary paperwork or sitting on the seawall and enjoying the ocean. Whatever they do, they have a ball. John says that “Every day is a good day with Vicente.”

Vicente is busy making plans for a winter visit to his birth country, Argentina. John assists with the paper work and is researching how to insure that Cabrina will safely travel to Argentina and back to the U.S.

John laughingly refers to them as “the odd couple.” From John’s perspective, every person has a handicap; Vicente’s is just more visible. As John watches Vicente mix paints, he marvels at his talent and simply cannot believe this man is blind.

“Vicente is,” declared John, “...one of the 3 or 4 most interesting people that I have ever had the good fortune to meet.” For John the volunteer experience is a win/win. He remarked that many of life’s lessons have been learned during his time with this person who is an artist, a very inspiring man and who just happens to be blind.



**This Newsletter is published by the New Hampshire Association for the Blind**

**Current newsletters and Annual Reports are available in Braille, on disk, and on audiocassette. If you prefer to receive future editions of our publications in one of these alternate formats, please call the Association at 1-800-464-3075.**

**603-224-4039 or 1-800-464-3075 (in NH)  
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# “You have to be blind to be cool.”

**LUIS RAYMUNDO**

Sitting in a local restaurant and sipping a Caribbean flavored smoothie, Luis Raymundo quietly remarked, “We built a canoe and it floated!” At a glance, Luis seemed very matter-of-fact but then a twinkle appeared and the corners of his mouth turned up. “It must be all the epoxy we put on it!”

The infamous canoe was built last summer, at the Inter-Actions Camp, by campers who were blind and visually impaired. During the school year some of the campers get together every few months to play Goal Ball. And this summer, Luis is working as a CIT (Counselor-In-Training) during the camp’s new music session. Luis and other campers are constructing special African drums under direction of Glenn Gunn from the New Hampshire Association for the Blind and Steve Ferris, from the University of Vermont, who is a guest artist at Inter-Actions.

Luis is a 15 year old young man from Manchester who is visually impaired. But nothing stops him. He takes advantage of every opportunity that comes his way. He builds canoes, plays the clarinet, marches in the marching band and even attended the National Federation of the Blind Youth Slam at Johns Hopkins University for several days earlier this summer. Luis was the only student from New Hampshire chosen for this leadership camp for boys interested in math and science.

When Luis is not at club meetings (Sierra Club, City Year and SCA, the Student Conservation Association or CLC) to name a few, he enjoys hanging out with friends, three of whom are also visually impaired. Luis likes to say, “You have to be blind to be cool.” Though prone to using the Jack Benny one-liner from time to time, Luis is a serious student. He reads Braille and likes to announce that he is bilingual: Spanish, English, and Braille.

At school, he prefers Large Print text books and uses his laptop to take notes in class, as well as a CCTV and Zoomtext software for homework assignments. Susan Sherry, an Orientation & Mobility Specialist at the New Hampshire Association for the

Blind, has worked with Luis since September 2006. The day we met, Ms. Sherry had brought a new white cane for Luis to try. After the interview, the two of them headed out onto the rain-soaked streets of Concord to navigate their way to the car and back to Manchester. The white cane guides Luis on city streets as well as on hikes in the mountains of New Hampshire. He likes to hike in a group and carries his cane in his backpack.

Luis has three brothers, one older and two younger. His father and mother, an electrician and an LNA, are very proud of their sons, and encourage their many talents. Sometimes though, Luis says his mother “rolls her eyes” at their antics!



[WWW.SIGHTCENTER.ORG](http://WWW.SIGHTCENTER.ORG)

# 4th Blind Awareness Walk a Huge

**M**ore than 400 walkers turned out for the New Hampshire Association for the Blind's 4th Annual Blind Awareness Walk held in Concord on Saturday June 2nd. Walkers from across the state participated including one hundred walkers friends of the Red Arrow Diner in Manchester.

This year's walk was dedicated to Jesse Isabelle, a 14 year old client who passed away last year, just a few days after participating in the walk. His mother, Carol Sheehan, owns the Red Arrow 24-Hour Diner in Manchester.

Special Awards were given to Jesse's Angels from the Red Arrow for "largest team"; The Eyes Have It from the Eye Center of Concord for most creative team name; Jesse's Angels for the team with the most sponsorships and Frank Haley, from Andover for most money raised by

an individual. Tim O'Malley, a Concord Police officer won the raffle for "Breakfast for 2 for a year at the Red Arrow Diner" with Stephanie Hurd of Portsmouth winning the 50/50 raffle. Proceeds from the Walk will support the many vision rehabilitation services provided to adults and children living with blindness in New Hampshire.

## Thank You!

**Major Event Sponsors:** Outback Steakhouse, 93.3 The Wolf, and Off the Cuff.

**Gold Sponsors:** Cleveland, Waters and Bass, P.A., Lions Sight & Hearing Foundation of NH, Lions Club of Exeter, Lions Club of Rye, Northeast Delta Dental, Rymes Heating Oils, Inc., and The Eye Center of Concord.

## Client Arts Exhibit

**O**n a lovely afternoon this spring, those who attended the May 9th Arts Exhibit at the Portsmouth Public Library gained a new understanding of the independence of people who are blind and visually impaired. As mentioned in the May 14th issue of the *Portsmouth Herald* "It's a shame the display was up for only a few hours on a single day. Inspiration isn't always easy to come by and these two artists had plenty to share."

The afternoon exhibit featured quilter/craftsman, Anna Krebs of Stratham showing her quilts and other handiwork which she had carefully displayed by season. Each of Anna's hand crafted dolls reveal a bit of her creative side and come equipped with a white cane, the symbol of blindness. The canes are crafted from round chopsticks and painted white. This is a unique

way to raise blind awareness in the use of a white cane.

Also featured was artist Vicente Paratore of Derry. Paratore, born in Argentina, displayed a variety of his paintings and masks. Vicente amazed everybody by demonstrating his unique painting technique.

Vicente has been visually impaired for close to 22 years. He is assisted by his guide dog Cabrina, a beautiful black lab that rarely leaves his side. Vicente often says, "He is my head and I am the tail."

Toby Hatchett of the *Portsmouth Herald* noted that "these two (Anna and Vicente) are living examples of the mission statement of the New Hampshire Association for the Blind whose purpose is to "advance the independence of persons who are blind and visually impaired."



# Success!



Carol Sheehan and George Theriault.



Award winner for "Individual With the Most Sponsors" Frank Haley, Andover, NH, with granddaughter Kate Haley, Guy Woodland, Senior Vice President, and Bob Cholette, Chairman of the Board.

**Silver Sponsors:** A.G. Edwards & Sons, Inc. Nashua, Anthem Blue Cross Blue Shield, Associated Grocers of New England, Inc., Catholic Medical Center, Henniker Septic Services, Inc., AmbuTech, John Spallone, Liberty Mutual Group, Merchants Automotive Group, and New Hampshire Hospital Association.

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## Concert. Continued from page 1

teacher, practicing for as many as 14 hours a day. Exposed to the rock-n-roll of the 50's, José was then inspired to sing.

At 17, José quit school. His father was not working at the time and he needed to help his family. He played in coffee houses in Greenwich Village and for his salary — as was customary during that time period in small clubs — they'd "pass the hat." He played his first professional engagement that same year in Detroit, Michigan. Shortly thereafter, a

music critic writing of his performance at Gerde's Folk City, referred to him as a "10-fingered wizard who romps, runs, rolls, picks and reverberates his six strings in an incomparable fashion." And added, "If you want to witness the birth of a star, catch Mr. Feliciano before he leaves tomorrow night."

Three songs that have been milestones for Feliciano are: 1) "Light My Fire," which was number one on the charts in

1968 and according to the song publisher, is now a "standard" due to José's interpretation. 2) "Che Sara," a mega-success in Europe, Asia and South America and of course, 3) "Feliz Navidad," the Christmas song that has now become a tradition worldwide during the holiday season every year.

(This article was taken from website [www.josefeliciano.com](http://www.josefeliciano.com))

# Memorial and Tribute Gifts

*These thoughtful gifts are in memory of a loved one or honor special occasions or individuals. They represent another important way to support the mission of the Association and essential vision rehabilitation services. Tributes to the following individuals were received from January 1, 2007 to May 31, 2007. To all of our donors, thank you.*

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**Mitchell Vincent**  
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**Ed Vochon**  
Mr. & Mrs. Alfred W. St. Cyr  
**Sam Waldron**  
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Leo & Penny Demers  
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Dan & Sue Parr  
Mr. & Mrs. Larry Scammon  
Mrs. Bernadine White  
**Elizabeth Yates**  
Mrs. Annette C. Young  
**Anthony & Bertha Zotto**  
Mr. A. Michael Zotto

# CHARITABLE REMAINDER TRUSTS

## What is a Charitable Remainder Trust?

**A** Charitable Remainder Trust (CRT) is a tax-saving alternative for people who want to make a substantial gift to a charitable organization. It can be a powerful tool for many individuals, especially those who have highly appreciated assets like stock or real estate.

A CRT is an irrevocable trust. This means that once it is set up and a charitable gift is made, it cannot be undone. In order to realize its full potential, a CRT requires special legal, accounting and tax administration. Your investment professional, attorney and tax adviser should all be included in discussions about whether this option is right for you.

Gifts to a CRT can be made in cash, but more often consist of highly appreciated stock, real estate or a closely held business interest. In exchange for a charitable gift, the CRT pays income to the trust income beneficiary (usually you and your spouse as donors) for a fixed period or for life. At the end of the trust (which is usually your lifetime), the remaining assets pass to one or more of the charities you have

chosen. Here are some of the benefits a CRT offers:

### How a CRT Works

#### DONOR.

- Makes a gift to a CRT.
- Receives income tax deduction.
- Receives income.

#### TRUST.

- Sells assets (does not pay capital gains tax).
- Reinvents the proceeds into an income-producing vehicle.
- Pays income to the donor.

#### CHARITY.

- Receives remaining trust balance when donor dies or at the end of the trust term.

If you would like additional information regarding charitable remainder trusts, please contact Shelley Proulx, Vice President for Development at 224-4039 or [sproulx@sightcenter.org](mailto:sproulx@sightcenter.org).

(Taken from: [www.pacificlife.com](http://www.pacificlife.com))

## New Board, Volunteers & Staff

### Board



**Doreen Manetta-Nashua**  
The New Hampshire Association for the Blind recently named Doreen Manetta to the Board of Directors. Ms. Manetta is a Market Manager/Vice President for Ocean National Bank, Manchester, NH.

### Volunteers

The spring of 2007 brought many new volunteers! We welcome: **Sonia Ascher, Margaret Bickford, Zadia Eisenberg, Persis Gow, Priscilla Hamilton, Ann McGrath, Randy Pierce,** and **Jill Paladino.**

### Staff

**Peggy Foster** — NHAB Driver.  
**Mary Chase** — Special Events Coordinator/Donor Database Administrator.



**Stephanie Hurd** — Volunteer Coordinator, Seacoast Office.



**Nancy Wittmershaus** — Bilingual (Spanish) Teacher of the Visually Impaired/Orientation & Mobility Specialist.

# McGreal Society Holds Special Luncheon

A special McGreal Society luncheon was held on May 17th at the McGreal Sight Center to thank and honor special contributors who have included the Association in their estate plans or who have made a planned gift such as a gift annuity or trust.

The McGreal Society is named after William McGreal and his wife Elizabeth Yates McGreal. Mr. McGreal was the Association's first Executive Director. His wife was a noted author who served on the Board of Directors for over 30 years.

President George Theriault and Board Chair Bob Cholette presented recent news updates about the Association and shared the Association's plans for the future. A new video



featuring five clients telling their personal stories of independence after blindness was shown. Frank Spain and Janet Akins spoke to the group about their experiences of living independently with blindness.

# WWW.SIGHTCENTER.ORG

Jo Adcock served as a member of the Board of Directors of the New Hampshire Association for the Blind since 1996. She was Chair of the Client Services Committee, 2000 to 2006; and had served as Vice Chair of the Board's Executive Committee. In these roles, Jo worked tirelessly to provide more services to clients throughout New Hampshire and powerfully championed their needs. Her legacy will not be forgotten.

**October 26, 1941–July 28, 2007**

**Jo Ann Adcock**



*In Memory*

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